

# BEST MANIFESTATION

module 8  
License for Success



## Module No. 8

So today we have module number eight: *how to receive what you want in life?* And to many, it may seem even funny that I am putting up a module to be able to receive, because most people think that if you really want something, then it's so easy to receive it, right? It's like when you want an ice cream and you think about an ice cream and you go to the market, then you take the ice cream, and it's so easy to enjoy it. However, with many objectives that are a bit more complex, sometimes it is not so easy. And I remember one interview with Tony Robbins, and an Olympic medalist. It was revealed that most people after they win the gold medal, they enter depression, because it was something that they really wanted, they worked so hard for it, they had so much focus and their life was all about getting to that goal, that when it happens, somehow they're left empty. And I can relate to that in a way because I had in my life some complex goals. I really wanted them, and I received them. Then I entered an emotion of maybe disappointment. It's not that you don't like what you are getting. For example, when I got the car that I wanted, that I really wanted, even better than the one that I put on my goal, and my manifestation wishlist. After a couple of months, when I got used to it, it felt like this was not such a big deal after all. I got it, but you know what, it's not so great. Maybe I was



wrong to want it so much. And in a way it happens with almost everything. Even when I got money, it was almost the same experience for me. I thought now I have money and what have I achieved with that fact? if you can believe it. I was not so experienced with spirituality so much back then, but it was interesting how even not logical thoughts were actually haunting.

I achieved that. Now what? What have I really achieved? Nothing. You know, it's stupid but that happens to most people that achieve things actually. They don't want to admit it necessarily. I mean, most people don't open up very, very easily. Let's call it their dark side, which is not really a dark side, is just a shadow so to say, this side when you have things that you don't fully accept, or that you don't love about yourself. So they have troubles opening up more and sharing that experience but what I know is that most people, if not all of them, have some depression when they receive the things they really want – especially if it was something that was really important for them, that they put a lot of energy into, that in a way was one of the life priorities.

And that's why I think the present and meditation can help you tremendously. Whenever you experience negative energies, negative thoughts, negative emotions, emotions that you don't prefer, it's important to neutralize them. It's important to observe, it's important to allow things to occur, I mean, you shouldn't block

them, you shouldn't try to run away from them. It's important to digest them, to process them, to observe, and to allow the energy to flow; to not create, so to say, blockages and other patterns that can be negative in your vibration.

It's not instant, but you will make much faster progress if you prioritize observing and the present over trying to deal with logic, or trying to impose emotions. As you already know, you cannot really fake emotions. You cannot try to feel better. You can allow yourself to calm down, you can allow yourself to relax and you will start feeling better. So emotions, we don't really control directly through willpower as you already know, from your own experience. What you can do is to be nice with yourself, to allow calmness and comfort to get you through bad emotions. And yes, before you will achieve some of the manifestation goals and priorities and even after, you will most likely – maybe there will be some exceptions, but you will most likely go through a period of anxiety, a period of unrest and unease emotionally. I don't have the full logical explanation at this point of why it is happening. I will come up with all the reasoning and all the insight that I got from it but it's not an easy formula because each spirit is different, each soul is different. Everyone has particularities. Everyone has different processes and different patterns of behavior when it comes to the inner universe.

So I don't have an exact formula. What insight I have is that depression in a way is also a constructive process. And I'm calling depression any kind of negative so to say energy state you may experience before, in the time or after the physical manifestation. What I found, in my own experience, is that in a way, these are wounds of the soul. These are, let's call them vulnerabilities of our persona and in a way, when you allow depression, you allow healing, you allow enlightenment, you allow growing into a much fuller self that you prefer. Because, of course, life is about creating who you really prefer to be. We are creators. And of course, we have strengths and weaknesses. Through depression, we can allow those weaknesses that we still have to turn into strengths and we can make the strengths that we already have become even more mastered. So we can get into mastery. One key element is to be able to neutralize. People many, many times are too fond of super high positive states where they feel a lot of excitement. I'm not saying it is not good to feel a lot of excitement, but many, many times they act without calm. They just go with the flow but in a high energy mode and this is not ideal. It's much better to calm yourself and deal with any anxiety you are experiencing.

That's why I prefer to have the mile of inner peace as a priority for many, many people. Ideal is to have inner peace while receiving the physical manifestation of the experience you want. That's ideal

because in a way, you can also fully enjoy it. You can also fully taste that experience. You can also fully appreciate it. You can feel the flavor and take that entire savor. By neutralizing negative energies, you calm yourself down and you get more and more toward inner peace. So what may happen before you receive the physical manifestation of what it is that you wanted, is that you may deal with some negative energy. You can see that even in movies or from your own personal experience, some people get obnoxious when they're about to receive what they wanted, they get into an anxiety state. So it's important to understand that these are just energy states. It's not really who you are, it's not the observer. And with the observer, and with your will, with your spirit, you can calm these down and you can integrate those emotions into your own state of being.

So let's say you are a person that doesn't have a lot of money on your identity level. And let's say you make one million dollars. In a way, a core belief is changing, because you will have to shift your mindset from the core belief that you don't have so much money into the core belief that you are abundant, a millionaire, which is also only a label actually, because one million dollars is not that much money nowadays. If you're reckless, you can spend it quite fast. And still, it's a label that most people accept. You will experience a lot of thoughts, a lot of energy before you achieve that

goal and when you're about to receive it and I recommend meditation, I recommend observing in the meditation and choosing whatever beliefs are the most empowering. Whatever beliefs give you more passion and excitement. However, with excitement, like I said, calm it down. Be in a state of excitement, but also in calm. With the car is the same, you have a core shift in your beliefs, from the person that is not worthy of an amazing car to a person that is worthy of the dream car. And usually, identity beliefs are some of the deepest, because we got them from our parents, we got most of them from a young age. And this is vibration. This is energy. Your beliefs determine in a way, your emotions, how you feel about things. You notice the emotions, you notice the beliefs and you can change them. You can align them. You can choose what you prefer, you can let go of the limiting beliefs, beliefs that no longer serve, and you can introspect for the ultimate truth. That's how you can move into better truths, that are objective and that fully support who you prefer to be.

**Q:** What if we are at peace with our emotions and our beliefs, but one of the closest people to ourselves is still not at peace with our new identity? Should we eliminate that person from our lives or how can we change their perspective on our new selves?

**A:** It varies in each case. The highest betrayal is self betrayal. So, you should have compassion as well. I don't like an approach

where my way or the highway of course. Because ultimately, it's about cooperation and ultimately, it is souls and spirits that give you the most satisfaction in life, not things and objects. You can communicate what is important for you and see how they respond and see if they support you, some will actually understand you and some will actually be supportive. And I think you should let go of people that you fully communicated to and they don't really care about you displaying that, people with stubbornness to accept who you prefer to be. So, it's not a general rule here. It depends on the person. There are some good people that care about you, and need time to process. I'm not saying to make it a project and to insist so much, but maybe you don't want to fully cut them loose.

And I can give you an example with parents in most cases, parents are not fully supportive of who you prefer to be. They have their own projection of how things should be, and what would be success from their perspective. And I experienced the same thing. I mean, my parents love me and care a lot about me. They want what is best for me, however, I cannot say they fully support my views. I explained to them and they rejected it. I don't want to cut loose my parents. I want to respect my parents because they are kind people. I don't speak with them as much as maybe they would want me to but I am polite, I am respectful, I am compassionate. I appreciate that they raised me, that they provided me all the good



things they provided me and that I'm their child. And I love them in the best way I can. However, I cannot betray who I am for the sake of them. I think that is actually the most important example, because both extremes are not very good actually. It's much better to be in a balanced state, to be calm and express who you are, and some people will actually remove themselves from the picture gently, easily, without stress, without drama, without accusing you of changing. As some people say, that's negative. And some people will actually need some time to process your changes, but they are good people. And you shouldn't be rude to them, because maybe later you'll regret it and it's not a compassionate thing to do.

Buddha had a quote 'in life is important how much you love and how gently you let go of things that were not meant for you'. In a way people that don't support your preferences, that don't support you changing when you receive the new manifestations are not meant for you. However, it's much better if you let go gently, not with that my way or the highway attitude. Remember, on the highest level we are all one. People are just reflections of who we really are. In a way, if you're bad to other people, you are bad with the part of the greater self.

**Q:** We're noticing nowadays that more and more people have an attention deficit and they might have some problem keeping calm

for a long period of time. Do you have any tips for that on keeping focus?

**A:** Well, there is no such thing as an attention deficit because you know, doctors nowadays they want to make problems out of bad habits sometimes. They want to give medication and they want to make more money. So it's not necessarily doctors, but it's the industry, the pharma industry. And what I can say is that, when you have problems with paying attention, it usually means that you're not focused on *the one thing*. So learn to prioritize, and learn to pay attention to the most important issue first, the most exciting one, the one that can help you the most from your position. In a way it's a habit that needs to be learned, but once you learn that habit, you will get tremendous benefits and dividends. So I don't believe in attention deficit disorder. I believe that some people have a hectic schedule, and that they bite much more than they can swallow. That's where the problem is because in a way, people don't fully believe that it's simple to get what you want in life. They think sometimes it must be hard, they have to work more and to get out of their comfort zone – and it's great to get out of your comfort zone, but you can also go into a panic zone and that's not really productive.

It's much better to understand that nature doesn't hurry yet everything is accomplished. There are examples of super high

performing people that don't work so much and still get amazing results, not too many but there are examples. So I'm not saying to get in a position where you are lazy and you don't do anything because that's also vibration. I'm saying go first and foremost in a position of clarity, get clarity, and get insight to what is the most important thing. Get insight to what is the most exciting thing to do and focus on doing that. Warren Buffett says 'tap dancing to work'. That means getting into that state of excitement, of passion, of when you feel like dancing. Get into that state of being first, and you will be impressed with results. You will no longer have to work hard. You will no longer have to stress yourself. You will no longer have to deal with as much negative energy and you will get much better results without it.

Let's try to keep the theme of receiving the goals, receiving the manifestation, receiving the reflection of our identity because it is interesting. Like I said, your core identity changes with some of these objectives. Because many people when they start putting some dreams, especially if they're stretching dreams, it may sound like something that you wish for but it's not really possible. If you are in that position, when it's about to happen, when it's about to actually achieve what you prefer, you'll have a lot of shifting and a lot of changing in your subconscious mind. So you will be dealing with confusion, you will be dealing with depression and with some

energy states and I'm sure there are many themes that we can explore in relationship with that.

**Q:** I was wondering if you have any advice on how to deal with jealousy and greed from other people that see that our manifestation is coming through.

**A:** There are not so many solutions to be honest, from an outside perspective, because if you actually share some of what you have with them, sometimes they will never be satisfied. So this is a problem that many rich and famous people experience, right? They have a lot and other people are jealous of them. I'm sure it's not a pretty situation. I think it's important to understand that not caring is also powerful because you cannot help other people make their own choice, whether they should feel greed or lust for what you already have, or for what you are achieving. You cannot do much about it. I mean, you can be nice with them, but they will still feel greed, they will still feel lust, they will still be jealous.

As my own choice, I wouldn't allow people that are from that perspective negative. I wouldn't allow them too much in my personal space, because they are not really the people that I prefer to be with. We have so many choices of people that we can be with. I mean, we live on a planet that has billions and billions of people. And we don't need that many. It's funny how normally on social

media people have thousands of friends and it's pointless somehow from a perspective of true friendship. How many of those are actually amazing friends that you can rely upon, that are supportive, that you have a relationship with that is a win-win? Not so many. So I think it's much better to get into a state of as much peace as possible, as much happiness as possible, as much joy as possible and allow your state to be your priority. And from that state, watch what happens. Some people will just remove themselves from your life. Allow them. Some new people will come into your life. Allow them. Acting in a higher positive state usually transforms life as well. So don't concern yourself too much with what people you should choose. Actually, they will sort themselves out. Some people will like the new you, that is more positive and has higher beliefs, has more optimism, has a much clearer understanding that we are fully empowered to create our own reality from within, from the inside, and some people will just remove themselves from your life automatically without you doing much.

**Q:** When we get what we want and we have to agree with the fact that we've changed and we are not the same person we were before, is it better to have someone else besides us to help us or is it better to do this alone?

**A:** I think most important is to understand that synchronicity is an ever present reality. So synchronicity works all the time. Most people know what synchronicity is, however, I will give some more explanation in case some people don't. There is a saying that every snowflake falls at the right precise place, and the right precise moment. So understand that the reflection doesn't make mistakes. Physical reality is built in a way where it doesn't make mistakes. What happens in your life is what needs to happen in your life in a perfect manner. So in case you have assistance from a friend, allow it to work. It's synchronicity. In case you are with yourself, allow it to work. It's synchronicity. So, there is no such thing as a preference from this standpoint, just focus on the state of being and accept external conditions. And I mean, if something is bringing you more excitement, like maybe sharing with a friend, do that. If being by yourself brings you more excitement, do that. So these are the ways of thinking and choosing. Allowing synchronicity in allowing excitement to decide which one you prefer, but there is no preferred way from an effectiveness perspective in my view. It's who and what you prefer it to be.

**Q:** Let's say we managed to manifest our soulmate but they end up rejecting us. Can we manifest a second chance?

**A:** Can you please repeat the question? So I'm sure I understand.



**Q:** So let's say I met my soulmate, I manifested him and he ended up rejecting me. Can I manifest having a second chance with him?

**A:** Well, I think we need to clear some ideas in that regard. On a spiritual level, we are all soulmates. So there is not such a thing as this spirit and this spirit are soulmates and are destined to be together. This is a past romantic idea that this guy and this girl are meant for each other forever and ever. In reality, at the higher level, we're all one, we're all soulmates. So yeah, that was your soulmate, however every other boyfriend you had was your soulmate as well. Everyone is a soulmate because there is only one soul actually, the soul of God. So, what you're saying, the way I perceive it is that you are more attached to that person and with the idea that maybe that is the one person that you should really be careful about, that you really want to be with. Well, approach the situation with reason. That person wants me, yes or no? You can communicate, ask 'what do you want?' if that person doesn't want you, even if you have the belief, and the attachment that you are destined to be together, maybe it's not the right moment. Maybe in another life, maybe in years from now, who knows. But be confident that if you are in a loving state, if you actually love yourself, some other soulmates, or maybe that soulmate, or maybe some soulmate that is even better will come into your life, because our vibration is decisive, and will attract the people and events in your life that will

reflect your internal state of being. That's why I wanted to make this module because of course, when you're dealing with beliefs, when you're dealing with anxiety, with depression in the surrounding point of receiving the physical manifestation of something that you really wanted, or something that you really preferred, you may actually end up sabotaging yourself and going back to square one. And many people are like that actually. They even talk about fear of losing and fear of winning. Even in sports, when they're about to win the big way, some people just lose calm and they make some decisions that are not logical. They get into the fear of winning mode. And you deal with that by neutralizing, by entering peace and with reason. Is it true? Is it something that is the ultimate truth?

The wrong emotions, the attached emotions will just fall off, they will disappear. I can tell that from experience. I had some moments when I was attached to some lovers and I thought life will just not be the same without that someone. And I realized after some time, after I was able to detach from my own ego ultimately, that although there were some conditions, and maybe I really liked them, maybe they were special in some ways for me, they were not meant to be. It's important to let go gently of things that were not meant for you. Probably most of the time, greater things and more desirable things are coming for you quite soon, if you allow letting go.

**Q:** It does and I mostly agree. But I was wondering, a lot of people get a lot of success stories from getting second chances in their relationships. So how do we determine what is worth a second chance or not?

**A:** I think that thing is related to maybe products. I mean, I've seen products like that, how to conquer lost love, and it's also marketing. I'm not saying it doesn't work at all. I'm just saying that reason and logic should be a priority in those cases, because you cannot really conquer a person. You have to be yourself and express yourself, 'I like you. You want this and this and this?' If that person doesn't like you, how do you expect it to be? You want to manipulate that person into liking you, into loving you? Or maybe that person says, 'I like this about you and those things about you' or 'I would like my ideal partner to be like that.' Do you want to become what your partner would prefer? If yes, go for it. If you don't prefer, I don't know. Like I've said, self betrayal is the highest betrayal. Don't lose yourself in the hope of gaining someone else. Be yourself. There are souls and spirits that are also your soulmate, because everyone is your soulmate, who will fully accept your version of what you prefer.

**Q:** Also regarding second chances, let's say we reached one of our goals but we can't manage to accept it, like in the example you

gave us with the lottery winners always ending up sabotaging themselves, and in the end, lose everything and get back to where they started or even worse. What are the chances that we can manifest success in our lives again? Can we get success again, or we only have one chance and everything we try will never give back what we lost?

**A:** We always have a chance, always have a chance. In fact, in the journey of the spirit and the soul we are destined to achieve everything that we want, not necessarily for this life, but it can be most of it in this life as well. The mirror is always here with us, the mirror of reality, the mirror of reflection. Whenever we decide to smile, it will smile back at us. It's not like you have one chance of smiling and it means that it will frown at you forever. No, it is just a reflection of who we are in this moment and in this moment, and in this moment, reflecting on everything. Get to who you prefer to be and physical reality will reflect that no matter how many times you've tried, no matter how hard or easy you think this or that may or may not be. However, think that also, this could be some beliefs. If you believe that this will not happen to me or this is too hard. Guess what? This will determine how the mirror behaves. Don't you prefer objectivity and understanding that things are simple? This is, let's say, the easiest way and the most simple.

**Q:** Let's say that our career or financial goal comes through and we start getting a lot of opportunities that both excite us but also overwhelm us. How can we prioritize our mental health but also avoid having regrets of not taking some of those opportunities?

**A:** Trust synchronicity. Trust the present. Don't trust the thoughts in your mind. Thoughts are there to deceive you sometimes. Thoughts are only ideas that you are receiving based upon your state of being and you can choose this thought I prefer, this idea I prefer, this I don't prefer. Like when you brainstorm 'what should I decorate my room with' and you come up with a lot of ideas. Not all of them are great but I'm sure there'll be some gold there eventually. And the more experienced you become, the better you become at getting more and more gold every time. When you are overwhelmed, by definition you are focusing on too many things. Choose to act on your highest excitement and don't worry about anything else. Act on the one thing that to you is the most important and it gives you the most passion, it gives you the most peace and calm, and it gives you the best energy state knowing that you are doing the one thing that matters the most and be happy with it. When it's time for something else, it will be time but when you act already on the one thing that is the most important, that is the

highest priority, be content for what you already are doing, what you want to do. Enjoy the process. Enjoy the journey. When there is no enemy inside, there is no enemy outside. Focus on the inside. Enjoy the ride. Also synchronicity works precisely 100% of the time, 100% of the now because there is only one infinite moment of now.

**Q:** What if we don't really feel like we are sabotaging ourselves but in the end we end up sabotaging ourselves? I don't know how to put it. Like if we get the money we want and we spend it all on things that make us happy but in the end we sabotage ourselves. How can we know we are sabotaging ourselves even if we do the things we like...? I don't know how to put it. Did you understand what I was trying to say?

**A:** Yes. I fully understand. I mean when it comes to wealth, right? It's very exciting to make money but not so many people can keep on being wealthy. I mean, we see in sports, right? How many people – not only in sports, but in some other areas – make money and then they lose it. I think it gets down to clarity, and it gets down to objectivity because it may take some effort, even though things are simple, but it may take some effort for you to make that money. Will what you've been purchasing be worth all that effort? So I think it's also about getting into a place of more happiness. I mean,



people find out that they get a lot of money but they are still not happy, which for many that get there will be surprising. Why am I not happy 100% of the time as I thought I would be? Because money is just a number, is just a potential. It doesn't do anything else. You have some society debt collected. That's it. And a lot of people end up like 'I want more happiness.' What makes me happy? Shopping. Okay, let's buy this bag and this car and this and this experience etc, and of course, they avoid dealing with depression, they avoid dealing with anxiety and go into purchasing their way to happiness, which doesn't really work, at least not for something permanent or even lasting. So understand that no matter how much money you have, it's still limited. It's not infinite. Money provides security, money provides the ability of purchasing valuable experiences, valuable things, of helping people if you want. So, of course, they contain a lot of benefits, and a lot of potential. But money is what you pay, value is what you get. And many things that you can purchase in life are not valuable. My opinion, no Hermes bag that is \$50,000 or something that is not worth it.

If you know something that has no real value but some people choose to buy all kinds of super expensive things or cars, that cost hundreds or thousands or even millions for things that they don't

really need and they end up being poor after that. There are many examples like that. So, I think to avoid a trap like that, where you make money and you lose it by our own financial mistakes, is to focus first on needs and then on wants. Because of course, you will experience bad times if you don't have money for food or money for shelter. But if you don't have money for the latest Lamborghini you don't have a reason to be sad. So, first deal with needs and make sure you are in a position of safety and of balance. Look objectively at things and you'll find that the more you work on your happiness, the less you will feel the urge, the buyer's impulse to just purchase a lot of stuff. Advertisements many, many times are focused on putting people in a bad state and producing anxiety so they can purchase more. Why not work on that for yourself? I'm not saying they do something bad. I mean, they just do something that works. I mean, they want to make money. It is what it is. Focus on your own happiness, and you will discover that to be happy you don't need so many things. The most important things in life are not expensive, most of them are actually free. Learn to enjoy those, first and foremost. Learn to enjoy food, learn to enjoy water, or healthy drinks. I talked about nutrition. Learn to enjoy a great time with great people. And you will be far better than just thinking that 'Okay, I need to purchase this expensive experience for myself to be happy.'

Vibration is a determinant of your reality and in a way, it's also proof that if you have a high vibration of happiness, even from a logical perspective, you are less from linear, logical, because the universe is nonlinear. You are less inclined to do stupid mistakes that will put you in a bad position.

**Q:** If we reach success, but our partner, the person we are in a relationship with doesn't have the same level of success as us, how do we balance that situation? I think it can result in jealousy or feeling inferior. I mean, I can't personally create their success, but I still don't want there to be any difficulty between us.

**A:** An issue in most relationships is that far too many people are too concerned with changing their partners, and not in changing themselves. Because look, changing another person doesn't work and will never work. It's an illusion. It can be manipulative. In fact probably in society nowadays, most people are trying to change other people, and their partners through manipulation. But it doesn't really work. Look at divorce rates, look at breaks up and look at how many people although they stay together for a lot of time, they don't necessarily have a 100% happy relationship.

So, I'm not saying it's something good or bad, I'm just saying that the most important relationship you have to be thinking about is the relationship you're having with yourself. So, what is it that you want to get from a relationship? Do you want love? First, love yourself. Love yourself and you'll know how to love the other person and you will have love and you will always have a match for that vibration, a match that is appropriate and a match that is correct. Learn how to let go of attachments and you allow the universe to give you better and better surprises. Let go of what is a reflection in physical reality, to accept what might be that is even greater and better, far better and more fulfilling. But look at things from a compassionate standpoint. I'm not saying to be rude to people because someone else will be coming, that's not the way to go. I'm just saying first, have compassion for yourself, and have compassion for the other. If that person wants to improve, wants to grow, you can help them, but if they don't really want it, don't try to manipulate. If you feel that there is jealousy from the other person when you're being more successful, if it's a close person, you can share it. Because difficulty in a relationship is much more from what is not being said than from what it is being said. Learn to tell the truth in a compassionate way. Learn to express how you feel, how it makes you feel and see what is the other person's position and understand, have a higher understanding that you cannot change

the other person cannot and you will never be able to change people. Never, never, ever, but they can change themselves if they want. Maybe he wants change. Maybe he will be excited about change if that's what you want.

In case you're really excited about a current partner and you want him to be more successful. 'Look, do you want to be successful?' 'Yes, I really want to', or 'I don't know', just accept the answer. Appreciate the person for who he is. Or if you don't really want it, don't change the person into your own vision, because you will not succeed, it's only deception, and will actually produce a lot of negative energy for both of you. Change yourself. Focus, firstly, on the relationship with yourself and the vibration in you will synchronically organize things for you. The right partner may appear, or your existing partner will actually have a revelation that they want to be a version that also happens to be what you want from them. But don't force it, because it's not polite and you wouldn't want the other person to do this to you. You'd never accept that. Does that make sense?

**Q:** Yeah, it does. It makes a lot of sense. Thank you. Do you think that it's more effective to manifest smaller goals that first or just a bigger goal all around?

**A:** I think it's more effective to focus on the most exciting thing, the one thing that has the most positive state that you can get. So if you want to make the most progress, that's the funny part, you can never tell from your logical standpoint, which is the fastest route. You can have trust and understand on a nonlinear level, and trust the universe. Get to your highest excitement, to the thing that matters the most, I mean, actually act on your deepest desire from more perspectives. And there are many, many people who have like an angel and a devil advising them – from one perspective you think like that, and from another perspective you think like that. Peace usually unifies those perspectives into one. So, analyze, search within, find the one thing that gives you the most excitement, that gives you the most fulfillment, that gives you the most peace, that makes you look in the mirror and be the most happy about. You say you'll be a doctor and you'll make a lot of money. But if you're not excited about being a doctor, maybe being a hairstylist will actually give you a lot more fulfillment and even a lot more money. If you're an amazing hairstylist, you'll have a much better life and if you're very, very excited and very passionate, chances are, you will be very, very good at it and you'll get paid more than a doctor that in a way, is failing, that is not very good, that has problems. So don't look at things linearly, don't look at



things only from a status quo. Look in the present. Look in the present moment for vibration. Trust energy. Trust the universe. Know that if you get to the highest state that you can get and by acting on the one thing that gives you the most fulfillment on all levels, that's how you make the most progress. It doesn't have to be something dramatic; it doesn't have to be something too big of a change. You just have to be unified in your excitement. Look at all perspectives and find the one thing that contains the most passion, the most self respect, the most inner peace. Look from that angle. And know that if you use that approach, you will get faster and faster where you want.

**Q:** In achieving our goals will it work to surround ourselves with successful people? Or is this just a myth?

**A:** It is true, of course. I mean, you are who you hang around with. You can learn from other people.

**Q:** And will this help us in making peace with achieving our goals easier?

**A:** It's not mandatory. There is right now, I saw a theme that people are choosing more carefully their inner circle, and who are the

people that they prefer in their life. And I think that's a very good phase, but it's not the most important thing of all things. And I can give you an example. If you have an amazing state of being, you can be inspired by reading a great book from an amazing author and that will serve as knowledge, and that will serve as influence. Of course, you can get a lot of knowledge, you can get a lot of information from people that are ahead of you, let's say from a career standpoint, that they could be your mentors and stuff like that and, and it's a great thing to have when you can have it but you shouldn't feel that it's a must, that's a need. What is more important is your state of being, and your beliefs are much more important. Because your beliefs are like filters to what happens in your reality and what doesn't happen. Realizing that physical reality is not linear, is just a dream. Success can happen miraculously and unexpectedly. I'm not saying to drop reason, which is useful, very useful. I'm not saying to drop linearity. I'm saying to trust energy and to understand there is a way to make more progress by trusting excitement, by trusting synchronicity, and chances are, you will be also at a point surrounded by successful people. But you don't need to look for them so much in my experience, unless this is something exciting in itself. If it excites you to meet successful people and to exchange ideas and to be friends with them, do it. But if it's not super exciting for you and there are other things that are more

exciting, you don't need to do it. Excitement is the organizing principle and vibration as a whole is the organizing mechanism in the universe, or the multiverse. Energy determines physical reality, not the other way around. Trust energy more than you trust linearity. When you read about a person's success story, this is how that person has been doing things etc., you shouldn't want to replicate their method. It doesn't work. It never will. That's why you don't see so many identical stories. Everyone has his own story. What is in common is their energy, is their state of being. Most of them get really, really passionate and really, really excited and they were able to stay in that area for a lot of time. And how it happened is just their story. Don't focus on the story. Focus on the excitement, focus on the present energy, on the present beliefs they were feeling. And maybe learn from that.

**Q:** What do you think it's the number one reason for why people can't handle success? And how can we avoid that situation?

**A:** They have conflicting beliefs and conflicting issues inside them and because of that, they enter a state of confusion, they enter a state of depression that they cannot really manage. Unconsciously, they want to go into a safer place. That's why it's important to look at emotions, to accept them, and to identify beliefs and decide what

is it that you prefer compared to the ultimate truth. And choose what is for you and what is not.

**Q:** Do you think there is a reason behind why in the last few years more and more people are becoming interested in spirituality and manifestation?

**A:** Of course, religion is becoming less and less influential amongst the new generation. And there is an instinct to go towards a creator, to recognize God. And also, manifestation is real. And I think it's very desirable, very exciting to be able to get what you want, to be able to make your dreams come true. So yeah, I mean, it's something that we naturally want, we came into this life and we as spirits wanted and accepted to have many physical lives, that are many, many times difficult to be able to get to a place where we consciously create our own experience, our own reflection, and we enjoy our state of being while having reflection of that.

**Q:** Well, depression is the main thing we battle when sabotaging ourselves. This is why we sabotage ourselves most of the time. Do you know any exercises or do you have any idea of what we can do to combat depression?

**A:** Sure, and it's interesting for some, but these are the tools: meditation, being able to stay in the present, observing, observe the emotion by mechanical function, when you observe something you pay attention to it, when you pay attention to it, you allow energy to flow in that direction. This new energy will transform what is. When you transform that is, you allow it to grow into something that you prefer, and also look for thoughts that are coming under some of the beliefs that you may be holding. Identify the beliefs and see what beliefs you have that are limiting you, that are not the ultimate truth, and that are not supporting you, and just drop them. It's very helpful to be without many thoughts or if possible to have a mind that is empty. When you have a mind that is empty, you can make more progress, you can be more efficient. You can look inside and identify the energies, the emotions and deal with them directly, neutralize negativity and allow positivity to naturally occur, to naturally flow more and more into your micro cosmos, which is your body. We are still developing from a biological standpoint, we are still developing our body and allowing it to develop itself.

**Q:** I was wondering if people can manifest the connection to the spiritual realm, and how that can benefit their life.

**A:** We are always connected to the spiritual realm and manifestation is something that occurs all the time. So we don't have to be connected to the spiritual realm. In fact, the spirit is the

foundation. This is just a dream of the spirit. Without the spirit, there will be no physical reality experience. We are always in spirit and from that position we are having the dream that we are not in spirit and we are in physical. But it is made from our own spirit, where we deem the spiritual realm and the greater part of us is in the spirit.

**Q:** I guess it was some poor phrasing on my part. I was wondering if we can connect to that state of us to overcome our physical reality or and maybe get some information about our past lives or communicate with higher beings. I saw some people do that. And they find it very interesting, but I couldn't even imagine where to begin.

**A:** How exciting is that for you?

**Q:** I mean, it's not one of my top priorities. That's not what I'm manifesting. I was just wondering, maybe some of our listeners would be interested in that.

**A:** Well, if it's not very exciting, let's drop it. Because if you are attracted, if you are excited, yes, the universe will support those actions, the universe will give you the insights and relevant experiences in the context with your excitement. If it is not exciting for you and there are other things that are exciting for you just focus on that and make progress in your desired way. For me, to be honest, it's much more exciting to be fully first in the body and then



to have more clarity in my connections with the spirit. Look at relevance. Are you fully present in the body? because the body is within the spirit. You get to the spirit more and more by fully connecting with your body, not other ways. The body is in the consciousness, the consciousness is not in the body.

**Q:** Is there a moment when we should stop manifesting?

**A:** We cannot help but manifest, we cannot stop manifestation. It's like wanting for the exterior, the physical reflection of reality to stop. Can we be without experience? Not really.

**Q:** I meant conscious manifesting. So maybe to stop setting goals and just going with the flow I guess.

**A:** Well, manifestation is not good or bad, it's just the perfect tool for many purposes, so you shouldn't be in a position where, I mean you can be but it's not ideal, you complain about the process so to say because it's designed perfectly by God, by the universe itself. And when it works, it's amazing. When it works for you I mean, because it always works. So, trust that it is perfect how it is already working. And learn to make the changes within yourself to align with what you prefer, to align with what kind of life you want to have. You cannot change how the universe works. You can change how your experience is.

There are no more questions so let's get to the exercise.

Take your biggest excitement, your biggest priority when it comes to manifestation and allow yourself to be in the identity of someone who will receive that experience. Allow your beliefs to support you and allow that transition to be as easy as possible, as comfortable as possible. I can give an example. Let's say you want your dream car, as Andrei said if I remember correctly an Alfa Romeo. So you will be the owner or you will allow the experience of being the driver of an Alfa Romeo. Get comfortable within yourself and drop attachments, drop expectations. is just something that is. is just something that you appreciate. is just something that you enjoy. And it's also something to drop attachments and expectations. Do that with your priority. That's it – very important, drop expectations, drop attachments. That's it! Have a good day!

Q: Thank you!