

BEST MANIFESTATION

module 9

The Road to Life-Long Prosperity



Module No. 9

So, today we are talking about module number nine: *how to make progress after getting what you wanted*. It's an interesting module, in my opinion, because this happened already in my life. I know other people that basically got everything they wanted in life, and they lost their compass. They didn't know what to do next. I think it's an opportunity to renew yourself, to do self actualization.

I'm sure most of you are familiar with Maslow's hierarchy of needs and wants. And at the top, there is self actualization. The pyramid doesn't explain the process so much, but let's say you want a house, a car, a family, and you got all that. So what's next? To some, it may be tricky and they just try to do more and to get busy. I think it's not the ideal. The principle – and I know that I'm repeating myself, but I'm explaining these principles from different perspectives, is to get in touch with yourself and to get in touch with excitement, get in touch with passion. That's how you make progress. I mean, see what is the one thing that would excite you the most, or the one thing that you would have the most passion for, and it's also important to get comfortable with what you already have. Chances are you love your situation, if you already got what you previously wanted, that you already are in a way fulfilled, that you're in a better position than you

were in the past. Be comfortable with your identity of who you are. It's an opportunity to grow and to see exactly who you would prefer to be. I think that's the top priority – identity, who you want to be.

It is being said that the name of God is 'I am'. 'I exist'. But in a way that 'I am' is super powerful – *I am that I am*. Within that *I am that I am* you can be whoever you choose to be. Another great quote that I love is 'The best way to predict the future is to create it' so life is really about creating yourself. You discover what excites you, and discover what you have passion for. It's all about creating who you prefer to be from all angles, from all perspectives. It is not necessarily about making compromises and getting ahead in my opinion, that's not the best way, because manifestation allows you to really be who you prefer to be with no compromises, but with integrity, with transparency, with the kind of self esteem that makes you look in the mirror and be proud of what you see. And this is the best way, by far. Some people feel like they have to cut corners, and that they have to manipulate or I don't know, some go toward the negative tools or negative behavior. I don't advise it, I don't think it's required. And it's not the best way, in my opinion and the opinion of others. So it's all about getting in touch with the present and looking at passion, looking at energy.

For me, at this moment, the most exciting thing is to meditate and to be in the present, because I know I'm making progress. I know that I'm getting more and more one with my spirit. I noticed a lot of changes. I notice how I get more confidence. I notice how I develop my awareness. Of course, it's not the only thing that excites me, but this is my number one priority spiritually. Of course, I have other passions. Like I said, I like to do business. I like music. I like being surrounded by amazing friends. I love having a great love life. I love nature. I'm becoming more and more the person that lives his own dream reality. And I think that's the purpose of life, the highest purpose of life is to wake up from your dreams, and realize that your best dreams, or even better than you could have imagined in the beginning, are happening. That's super exciting. It's super exciting for me. And I think it should be pretty exciting for you too.

So if you don't have passion in what you're doing right now, I think you should reconsider what you need to be doing. I'm not saying use force, but realize that change comes first and foremost from within. Maybe you're doing something that you like, but you lost passion. Rework within, so you can gain passion again for what you're doing and see if you can do things that contain even more passion, that contain even more excitement. In my opinion, if you are in passion, if you are in excitement in the present, that is the most important thing, because everything else will organize, everything

will realign. This is the vibration that creates the reflection of reality that you prefer, that you'll experience. In my opinion, being able to have passion in the present moment is even more important than experiencing the reflection of what you prefer. Because in a way, this is the creation part, this is you being the creator part. This is how you create reality, and you create reality all the time, all the time, every single second. So, take charge, take control of the present.

To get further in the subject, you can make lists and you should prioritize by importance, by excitement by passion. You can observe but in a way, emotions are more important than logic all the time. So, you should consider more things from an emotional perspective, because if you ask most people, they say they want to be happy. And you don't really get happy by logic. You get happy when you play like a child. You get happy when you dance. Usually, it's great to play, to contain the simplicity and the joy of a child. Warren Buffett, as I mentioned in the past, has a quote, 'tap dancing to work.' And I fully believe in that. To get into a state of being where you feel like in dancing, and you know what tap dance is? Is when you feel the rhythm and you just start moving. This is how it should be, you have so much excitement, you have so much emotion, you have so much positivity that you allow yourself to move. You move like you're dancing. Life becomes like a play, where you are the main actor and you create your reality. Then of course, you get what you want, you

internalize that part of identity, you internalize this kind of experience that this person is having. And you grow into the next exciting thing, and grow into the next passionate and so forth. Does it make sense?

So you shouldn't rush things because the journey is more important than the destination by far. Think about a trip to Mount Everest. There are some people that just want to get to the destination – I want to be on the top of the mountain, I'll be happy when I will be on the top of the mountain. You're missing out most of the experience. So, enjoy the process of growing, enjoy the process of becoming who you prefer to be, because actually this is the important part. There are some people who just want things instantly and physical reality doesn't allow for that, because most of us will self-destruct in this kind of position. And that's good. I mean, sometimes it's hard, it can be challenging to maintain positivity and you get maybe some negative thoughts, you get some negative feelings. What will happen if you instantly manifest? That's a greedy position. It's much better to allow things to be at their own pace, because the universe already is perfect. It was created by God and God is perfect. So allow it to work.

I think that in a way, the delayed reflection of the mirror of reality is made for you. It is beneficial because it allows anticipation

for example. What if you want an ice cream and then you instantly get the taste of the ice cream in your mouth? At some point it will become dull and boring. It's much nicer to build anticipation, to build excitement – I want a nice ice cream, I'll go to the shop on a sunny day, I'll open up the ice cream and I smell it and then I taste it and it feels so good. Even with sex, I mean, it's an experience, right? It's not only the intercourse, it's also romantic, and it's also the foreplay. You want all of the experience, not only the climax point. You want the full cake, not only the cherry on top. So think about that. Otherwise, you're missing out. It's best to get into that position of self actualization, of course.

Questions & Answers

Q: How do you know what to choose after you achieved what you wanted? How do you know it is meaningful enough for you to pursue it?

A: So, the most meaningful thing in life, in my opinion, is being with passion. Life's purpose is actually passion. This is the highest purpose because passion is connected to love and excitement. All these positive energies convert to one thing, which is unconditional love,

but unconditional love includes passion, unconditional love includes excitement, unconditional love includes all the positive traits. And passion, in a way is the highest purpose to choose, and to help you choose. Look not necessarily in order of society's importance toward a specific skill or project or business or whatever. Look within yourself and find the passion because you can achieve success with any means as long as you have a lot of passion. Achieving success without you being passionate is not that great actually.

I can give the example again of a doctor, which has a respected profession by society in most countries. If that person was only made to go towards that direction because of family pressure or something like that, and that person is unhappy, although he may have some financial success, what's the point of that? To be unhappy in a society's desired position? What's the point of that? It's much better to be passionate about something that you love, much better, because then you get to be happy in the present moment, which is all that matters, because we only have the present moment. We have the infinite present moment.

And if you are happy all the time, guess what? Your happiness, your passion will make you successful too, from all perspectives, financial and so forth. You'll have what you need for sure. You'll have food, you'll have shelter, and you will have passion, you'll have

happiness. You'll attract more positive people that are good friends, and you will attract a great loving life. I mean, we want to be surrounded by people that are happy, that are excited, that are full of passion. We love this kind of people, right? Choose by passion. Choose by emotion. I mean, even in sales, emotions are more important than logic. Guess what? Life is the same, because emotions are on top of logic. The easiest example to give is, if you have great emotions, you have great thoughts. If you have bad emotions – and I say bad not in a bad way, because there is no good or bad, it's how we perceive it to be, it's what we choose to make it, but for the sake of the example, when we have bad emotions, we have negative thoughts, always. Our state of being determines our thinking, determines our thoughts, and determines our attitude. So nourish your emotions, because our soul is like a challenge. Society wants us to become serious, to become mature, but that's stupid if you asked me. Be like a wise child. That's it. Play all the time and be wise. You can combine the two traits, the trait of wisdom, the trait of clarity with the trait of joyfulness – of being like a child that gets to enjoy the food you are eating, that gets to be happy in the presence of people, that gets to enjoy. If you don't get to enjoy what you have, what's the point? You're not enjoying it anyway. So it doesn't matter so much.

Q: Can passion be developed? Like if you don't like anything in the beginning, can you end up loving it in the process?

A: Well, I understand what you're saying. I mean, with many things it can be a hate-love relationship at some point. Because in a way it's hate when there is resistance. You can develop more passion. However, I would advise to first build passion within yourself, because if you build passion within yourself, you can actually be passionate about most things. God, as an example, loves everything, and everything. So we can be more like the image of our Creator, because we are made out of him. We are consciousness. If you develop more and more passion within, you will have more passion for whatever it is that you're doing.

I understand what you're saying because some people just want to be something that fixes all the problems. I'm doing that and everything else stops. I mean, I'm just fully dedicated to that. There are some people that have that, like for example, some people love to sing and they sing, and it's all that matters. Or some people love to dance, right? So they dance and it's all that matters. And especially with corporate jobs or some other jobs like that, it's harder to get in a position of joyfulness in the beginning, so it's important to observe within, and to start appreciating what it is that you like. The liking will

turn into love and into passion. See the bright side, see the full glass. Be grateful. That's how you build more and more passion.

I used to hate for example, selling, sales, copywriting, that kind of stuff. At some point, I liked it in a way because it was very interesting, it was very intriguing, but I also hated it a bit because it was work. I felt like I wanted to give the customer this right, but then the customer wanted that. I mean, it's a humbling process in many ways, in many regards, because it makes you understand people, it makes you understand how influence works. And because it's not what we initially expected, it can make us maybe have some friction with it. But in a way, it's great to realize that this is something that happens to anyone in this spectrum. So the challenges you're having, most people that are in your position experienced those challenges as well.

If you can let go of the negatives, and focus on the positives, you are already ahead, because you like to enjoy, most people like to enjoy success, most people like to develop skills. So this is a way to develop passion, when you focus on the positive. I'm not saying neglect the negatives, but don't focus, don't dwell on those too much. Just be aware of them, but focus on the positive, focus on the gratefulness, focus on the appreciation. For example, Federer and Nadal were having yet another Grand Slam finale. And I'm not sure exactly which

one said, 'I'm just grateful to be able to play with this exceptional player again, I'm so grateful.' And they are both champions of this sport that is very challenging. It is amazing when you consider from a sports perspective what it takes to get to the top and stay at the top. So it was a lot about gracefulness. They were not necessarily so excited about the money prize. They were not necessarily excited about winning and getting another Grand Slam, because both had many already. They were excited about the play. They were excited about the present. And the more you get in the present, it also builds more passion, because you focus on the game of life, you focus on the game of the skill. Think about how many people enjoy video games, right? And it can be like that the more you focus on the present.

Q: I know that people with depression often lose the excitement and passion for things that they usually liked and loved – their hobbies, their interests. How can we get that spark of excitement back if we're dealing with depression?

A: Many people look at their depression and they go more and more into a panic zone, which is not helpful. Depression is a natural process. It is like winter. We need depression to be able to reorganize stuff within. It's the way of life which I cannot say I fully understand everything about it, but I know God created it. So it is perfect in his

infinite wisdom. So look at the positives. Depression is an opportunity to grow, is an opportunity to reconnect with yourself, and is an opportunity to observe. So most answers you will find within. Turning depression into passion is not instant, but it's very, very doable. You miss some time in the now, to observe those negative emotions and clear them out, to observe those beliefs that are creating those negative emotions; because I explained, emotions are made possible by our belief systems. So look at the depression, look at the emotion, at the exact emotion you are feeling because depression is just a jet and we don't have so many good labels when it comes to emotions in our language. Look at the actual feeling, feel it. Accept it. And ask yourself 'what would I have to believe to be true, to feel the way that I'm feeling?' And answers will come, those are usually beliefs that you're holding onto. Observe them. Are they the ultimate truth? Are they the way reality works? Or it's just something that you believe from your perspective that is maybe me limiting you? And you can drop them. You can replace them with something bigger, you can replace them with something brighter. The moment you do that, the emotion also changes.

Q: How can we not fall in the trap of never being happy with what we have? The easiest example is with money like let's say we get all the

money we'll ever need. How can we stop ourselves from wanting even more?

A: The problem is greed, when it's never enough. So in a way it's all about balancing, because you don't want to be in any of the extremes. You don't want to be in a position of apathy. You don't want to be in a position where you don't want anything and you are just in a negative state, because then it's almost like a sick state. I mean you don't want to eat, you don't enjoy anything, and you don't want anything. But you don't want to be in the other extreme either. You don't want to be in the extreme of craving too much or having too much greed, having too much lust. That's not good and useful either. It doesn't feel good and is not good for you.

Emotions have their own wisdom, emotions are connected to the soul and soul is the component, probably the main component, of the infinite life we have. Is the main component of the spirit. I understand why you can think like that, because emotions are best reflected with a child, because in our soul, we are all children. And most of us enjoyed a lot of things when we were children, right? And we had no worry, we could play all day. It was a wonderful time, right? I mean, we hated somehow that we didn't get as much respect as we wanted but life itself was pretty great when we were children. And the child doesn't have these problems, doesn't have apathy, and

doesn't have greed. He wants a thing and if you get it to him, he is the most happy. The process of returning to that, is by observation, is by awareness, and by meditation. Stay more and more in the present. What do you need in the present? Chances are, you don't need so many things that you think you need. When you're hungry, eat. When you're thirsty, drink. When you're sleepy, go to sleep. These are basic needs. Ah, you want company. There are friends, there are pets, there are televisions etc. I mean, we have like the most available choice of entertainment in the history of humanity right now, so that shouldn't be a problem. So it's best to focus first on the needs, what your body needs, what your soul needs, and what your mind needs. And once you understand that you have everything you need, you can start working more and more towards happiness.

Okay, maybe you can enjoy what you need. You can enjoy the food. Even if it's healthy, I'm promising you there are many, many ways to enjoy healthy food. I mean, fruits. Can you say you can't enjoy fruits? I think that's false. I think that's almost impossible. Great fruits are amazing to eat. Can you say you cannot enjoy sleep? I'm enjoying sleep. I know that most people that I speak with enjoy sleep. Can you not enjoy drinking, enjoy lemonade, or enjoy water? Start with enjoying first the needs that you have. Prioritize your health, prioritize your body. When you prioritize your body and your health, you build more balance in your consciousness, you build more

balance in your vibration, and you build more balance in your life. So you don't have to go to any of the extremes.

And then you can start appreciating money in a balanced way. I mean, money is great. It's okay to want money. But don't go, like I said in the extremes. Don't go working for the money in a position where money is the master and you're the slave. And the other position where you hate the money is not useful either. Understand that sometimes you have to work for money. That's your position. You're an employee. That's great. Appreciate that. I mean there are many people that don't have a job. Why not start by being grateful for what you have? Build from there. Be grateful. If you're not employed, and you want money, that's a different topic. But there are things you can appreciate, maybe health, maybe appreciate some activity or some skill that you can use to make money. Build from where you are. Play like in poker, play the hand you have, because if you don't play the hand you have, chances are you will not be given a different hand. Is much more satisfying, you get much more satisfaction from going from rags to riches in many cases. Even the billionaires that we currently have in our society, two thirds are self made. I'm sure most of them, if not all of them, say you know what, I love it that I started from scratch and I got to where I am. The journey was great. I know that I am grateful for starting from not a position of money, into

getting to money and I am grateful for that. You can not underestimate how much importance gratitude has.

Most people reject their hand and by rejecting their hand, they are rejecting life, rejecting the present moment. It's not an accident that they are where they are. The spirit wanted to be in that position. It's not a coincidence. It's not someone playing games on you and trying to make you a fool or something. It is what you wanted on a higher level. Trust that. Trust God's will. God doesn't make creation that doesn't make family, that doesn't make children, because we are all the children of God, not only Jesus. We are all the children of God. And Jesus never said that he is the only son of God. He said, I am the Son of God, and you are the Son of God. God being unconditionally loved would never mock his own creation, his own children. He just allows them to have free will, to make their own choices by free will and choose who they prefer to be.

You are safe. We are infinite beings, we are safe. We're just having another physical life. We're not only safe, we are indestructible, and we are infinite, because we are consciousness. The body is a great tool that we have, but it's not what defines us, is the consciousness that defines the *I Am that I Am*, the fact that we are and that we exist.

So understand that you don't exist just for the sake of someone playing games. You're not having a misfortune, quite the opposite. Because a game that is on planet Earth is a bit more advanced than compared to other planets from what I know. It is a game of mastery but we are more than capable of doing it if we choose to. And we can win it with integrity, we can win it with light, we can win it with exactly the way we prefer it to be from a vibrational perspective. We shouldn't be scared of surprises. We used to love how Christmas was about surprises and gifts, what if life is like that? You have many gifts to discover, and many of them are surprising. Why steal from that experience?

Q: If I have a lot of different interests that excite me on a similar level, how do I choose, how do I prioritize between them?

A: Just pick one. And that will do. Pick the one that is the most exciting. If everything is exciting, just pick one, just do one. It's like asking if I have a lot of favorite foods on my plate, which one should I start with? Just eat anything. You'll be happy.

Q: I was just thinking maybe if I don't have time to try all of them. Will I have regrets?

A: Don't worry about that. It's like having a full table of your favorite foods and worrying what if I don't get to eat them all. Fall in love with the present moment. Fall in love with the taste of what you are currently eating. Each moment of present is a gift. Fall in love with the taste and your soul will give you excitement, will let you know. Soul has infinite wisdom. Like if you have a plate full of your favorite foods – so I ate a bit of that and you know what, now I'll eat a bit of that. You eat that and you enjoy it. The taste is so good. Delicious. Great. Amazing. You know what? I'll have a bit of that. Don't make a list from the start – I'll first eat this and then I'll eat this and after this. No. Pick the one that is the most attractive, pick the one that contains the most excitement, the one that contains the most passion because the journey is also a mentor in itself. You learn continuously in the present moment. You eat that food, you savor it and right now you feel for some of that. You take that and you taste it. Stay in the present. Don't stay in the mind. Stay in the present.

Q: Can you tell us what to do, maybe some exercises, to stay in the present or not think about our future?

A: Sure. Ideally, you want to be out of your mind. The moment you are out of your mind it's much easier to be in the present moment, because the issue with most people is actually they are staying too

much analyzing, making stories in their own head. And, a lot of the energy they consume, dealing with the mind, having thoughts about this and this will never work – I'm dealing with this, and I have to analyze this, and I have to critique this and then I have to think about that and I have to think about that. Bullshit. Most of the problems that we have in our mind will never happen in reality. And we know that right? I mean, we have that experience. We create in our mind much more horrific stories than what happens in reality for most of us. So understand that the mind is not your core identity, it is a tool, it's a receiver. The thought that you are having doesn't actually originate from your physical mind. The physical mind receives the thought from the higher mind, which is non physical. But the thought you're having is just like a transmission of the state you are in. if you are in a state of balance, of inner peace, your mind is clear and you only have thoughts when you want them, when you want ideas. Like for example, right now, I'm giving answers, these are spontaneous. I think they're pretty accurate answers. I'm in the present. And I'm connected to my higher mind to give me the best thoughts that I can be capable of receiving. I don't want other thoughts to interrupt me. So that's actually one of the most important processes, to be able to dissociate from the mind, to understand that *I am that I am* is not the mind, it is also the mind, but at the core is not the mind. Because of course, you are also the body, you are also the soul, and you are also

the mind. But who you are, as the core identity is the consciousness, is the fact that you exist, is the fact that you have an experience in physics. Quantum physics has a clear understanding that the observer bends reality. We are like in a simulation created by our consciousness. So you are more and more in the present when you learn to understand that the mind only receives thoughts determined by your emotional state, which is directly connected to the soul, by your beliefs which are thoughts and definitions of life that you keep repeating to yourself. So once you can clean the inside is when it's been more and more in the present. It's not so much about learning new things, it's much more about dropping things that are not so much of service. It was said to become wise, learn a new thing each and every day, to become enlightened, drop something each and every day. Let go. Let go of the past, let go of anxiety about the future. Focus on here and now, because you only are in here now, forever.

Do you have what you need? Yes. Then why worry? Do you think you can have what you want? You can build the ability to receive what you want? Then why create anxiety, if you don't believe it look again, analyze the beliefs that are preventing you from having something supportive, something that creates no resistance, so the reflection can be that of who you truly are. Like I said, life is not about discovering yourself. Life is about creating yourself. You work with discovery, of

course as well, but you are the creator, you are in charge. You decide who you prefer to be.

Q: Can living in the present alienate you from people that don't think the same way?

A: Why should you care? If being in the present annoys somebody, maybe it's not the right person. So who cares? Is like asking if I become beautiful will somebody be annoyed with me because I'm beautiful? Who cares? The highest betrayal is self betrayal. First, make sure you love yourself. If someone doesn't love you, let go of them. They don't know how to appreciate you, so who cares? Move on. What you seek is seeking you. Why not find people that appreciate you? People that enrich your life, people that it's a pleasure to give to. Why not allow the law of attraction to give you the people that you prefer to have anyways. I know there's a lot of talking right now these days about toxic relationships, about toxic people. There are negative people out there, of course, is their own choice. I mean, it's free will if God is given them that right we who are to try to say or do something else. Make sure you are the change that you want to see in the world. And the people that are negative will slowly go into other realities, so to say. And the people that resonate with your own vibration will

move toward your reality. And you will have much more fun. I can tell you that. And not only fun, but appreciation, respect, and mutual love.

Q: I think a lot of people see the glitzy, the glamorous lifestyle of rich people in the media and will probably be tempted to do the same thing when they get money as well. So my question is, how can we manage to avoid the temptation of that luxurious lifestyle and still keep a frugal mindset?

A: Well, luxury is not something bad. It's not something bad in itself. I mean, it's something neutral. The problem is that people tend to say it's much better to cry in a Mercedes than in a lesser car. Trust me, it's not good to cry. It's not nice to cry. I mean, it can be nurturing, crying as itself is not a bad experience, it may be sometimes a wonderful experience, but in the way they refer to it, it's not good. It's not extremely good to be sad in a luxury lifestyle. It's not good. It's not the life I would prefer for sure. If I had to choose between choosing a happy life in a so to say primitive lifestyle, or a sad life in a luxury lifestyle, I'll choose the happy. I mean, it makes more sense to me. Of course, if I had to choose about the happy life in a frugal lifestyle versus the happy life in a luxury lifestyle. I'd probably choose luxury because I like myself and I enjoy luxury, but I am not obsessed with it. I stayed in the jungle in very frugal conditions. And I still liked it. It

was fun but I prefer having heated water when I take a shower, of course. So I think it's much more important to be comfortable actually. Be comfortable. I mean, I had some days when I had a Ferrari and I had a Mercedes that was my own car, an SUV. And I was pretty excited about the Ferrari but I realized you know what, I'm actually much more comfortable in the Mercedes, I feel safer. I didn't want so much attention. It was much more comfortable. I didn't feel every hole on the street. It was pretty fast already. People tend sometimes to get fooled by their appearance, but life is not like they show on viral videos. And people are not like you see them in photoshopped pictures. I mean, probably most of us have experiences like that. Try to see beyond the illusion. That's how we get more wisdom. There is a lot of illusion which is wanted by people, I mean, it wouldn't exist if the masses wouldn't have this issue. But it's still an illusion and it always creates deception. Always.

Why want to be deceived? Why believe in false expectations? Only to realize it's false. It's not true. I mean.

Q: I like the idea of searching for comfort, not luxury. So thank you for that response.

A: People many times because of the so to say race to make more money, I think Dalai Lama said it or someone else anyway, that it amazes me how people spend all their time to make money and all

their health, to buy things that they don't really want, to impress people that they don't really like. You know, so it's like that. Why care about things that don't really matter? Why have such a vulnerable physical ego? Do you react to anything, to have so much insecurity. It's like with clothing. When I was younger, I had the let's call it issue that I wanted clothing that is made by designers, I wanted brands, I only wanted brands. I mean, I was working a lot for money, I was making a lot of money and I was spending a lot of it on clothing. Until I realized, that it's pretty stupid. It's important, first and foremost, to feel good yourself in the clothing you're wearing, that's it. If you feel good enough in it, it doesn't matter what it is, if it's made by a designer or it has a specific label or not. If you feel good enough, that is all that matters. So it's the same with objects. People put too much value on objects and too less value on people and on beings or even more on our planet. So observe and gain more clarity, with clarity you gain more wisdom. And your actions will be different, your experience will be different, your vibration will be different, and your manifestation will be different. It will be much more something that fulfills you, something that gives you more excitement, which is infinite. Don't worry you'll lose it, just go and try. Excitement is infinite. Trust me, if you know how to nourish it. Another example, a child doesn't lose passion for playing right? He may get tired, he will get some sleep, but then he wants to play again. We're like that.

Q: You've talked about this topic in the last module, but maybe there are listeners that didn't have the chance to listen to the discussion. Well, how can we prevent destroying our success and sabotaging ourselves, after we achieve our goals, how to protect ourselves from the wrong emotions that come with success?

A: Well, ultimately, it's all about the present, and it's all about your vibration. And if you have a smile in the mirror, and the mirror is smiling back, you have it. Of course, if you slowly start to frown, the mirror starts to frown at us. So it's all about clarity in the present moment. Observe the present and be in the present. The problem is that people expect riches to make them happy. But it doesn't really work that way. Then they start spending everything they can to get some dopamine, to get some happiness hormones. Advertising trains us that you purchase this and you are happy. Well, temporarily, maybe yes. But even if you have a lot of money, you still have to deal with your own issues. It's funny when the mind becomes irrational, and I'm sure you've had experiences where the situation is totally cool, but your mind is paranoid?

Q: Yes, I definitely relate to them.

A: Yeah, guess what, it happens when you have money too. There are people who have a lot of money and they have paranoia about poverty. It's because money by itself doesn't change who you are, it doesn't change your chemicals in the brain, and it doesn't change your consciousness. Okay, from one level you would argue that yes, this is included in consciousness, which is true, but it doesn't change your core. That's what I'm referring to. It doesn't change your spirit, because on the other side, no such thing as money exists, on the other side, it's all about energy. So you don't lose it when you smile, when you keep being present. I mean, the process of being present, the process of taking action on your excitement is what created wealth in the first place. And if you keep having that and of course you don't have destructive habits of just wasting it or let's say not very intelligent choices, you are safe.

Q: I had a more practical question. You touched on it a little bit. How do we manage our finances if our fortune goal comes through?

A: So how do we manage our finances if you already have a lot of money, because you made it right? There's so many ways, so many ways. I mean, if you are excited about doing it yourself, about becoming an investor there are many books and trainers and mentors available from where you can learn. So you have a lot of choices.

Excitement works here as well. So excitement is higher than specific logic and more specific knowledge. It's all about what works for you, not what works for somebody else. You can find somebody that can help you. That's another way. You can attract that person. I can give you an example that you both know, Florin, I wanted somebody to help me manage. I attracted him. He wanted to be the manager. Great. That's what I wanted too. I know management. I don't like doing it so much. I prefer to meditate. I prefer to focus on my vibration. He loves to manage. Great. We have a deal.

Q: Do you have any recommendations of people that we should look at, or some famous books or some people that are famous for giving advice on managing finance?

A: Just look for the best in the field. There are many. So to say nuggets of gold from investors like Warren Buffett or Charlie Munger or Ray Dalio. That's what I would advise you to go to first; because there are many people that don't have the results but try to sell you their expertise. So in a way, look for people that have a track record. That's why I don't really like schools because most of the professors are not necessarily very successful. There are some exceptions, of course, but in my experience the majority is not.

Q: Should we spend some of our energy to give back to our planet and our community?

A: I don't like the 'should' when it comes to personal choice, because *should* is already, in a way, not prioritizing, yourself. If you want to use the *should*, you should first and foremost, make sure you satisfy yourself and make sure you get to a point of excitement. I'm not saying don't satisfy others. I'm not saying don't make others excited, but if you are not happy yourself, how can you make and how can you know how to make somebody else happy? First grow yourself and then grow others. So to answer your question though, look at excitement. If that is something that excites you, go for it, but drop the *should*. Look at excitement. Look at emotion. Look at passion. What do you truly have passion for? Don't feel obligated by society. It's not a good position to be in.

If we don't have any more questions, let's look at the exercise.

Look at your history and observe how to be in a position where you wanted something that was very exciting and you got it and you became comfortable. And now you form a new identity that contains that experience. How you became the person that has that

experience, and that owns that experience. Observe, observe, observe, and develop more insight. That's the existence. Sounds good?

Q: Sounds great. Thank you.

A: Thank you. Have a great day and talk to you soon for the next module.